

# GYM SCHEDULE - Nov 2023 - March 2024

\*SUBJECT TO CHANGE

\*PLEASE NOTIFY AGC IF NOT USING SLOTS

## UPSTAIRS GYM TIMETABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5-6pm	MEMBERS	MEMBERS	MEMBERS	MEMBERS	MEMBERS
6-7pm	MINOR LADIES FOOTBALL	MINOR CAMOGIE	UNDER AGE	MINOR MEN - CODES ROTATE	UNDER AGE
7-8pm	MINOR MEN - CODES ROTATE	S3 HURLING	JUNIOR MENS FOOTBALL	S3 HURLING	MINOR CAMOGIE
8-9pm	S2 FOOTBALL	JUNIOR CAMOGIE (A)	JUNIOR LADIES FOOTBALL	JUNIOR CAMOGIE	JUNIOR CAMOGIE
9-10pm	JUNIOR MENS FOOTBALL	TBC	MINOR LADIES FOOTBALL	INTER LADIES FB	TBC

## DOWNSTAIRS GYM TIMETABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5-6pm	JUVENILE	JUVENILE	JUVENILE	JUVENILE	JUVENILE
6-7pm	MINOR LADIES FOOTBALL	MINOR CAMOGIE	UNDER AGE	MINOR MEN - CODES ROTATE	UNDER AGE
7-8pm	MINOR MEN - CODES ROTATE	JUNIOR HURLING	JUNIOR MENS FOOTBALL	JUNIOR HURLING	MINOR CAMOGIE
8-9pm	JUNIOR LADIES FOOTBALL	JUNIOR CAMOGIE	JUNIOR LADIES FOOTBALL	JUNIOR CAMOGIE	JUNIOR CAMOGIE
9-10pm	JUNIOR MENS FOOTBALL	INTER LADIES FB	S2 FOOTBALL	INTER LADIES FB	TBC

**Team managers please contact AGC - Andy Matthews for slots**

Larger groups divide upstairs / downstairs please