



# Na Fianna Nuacht



Happy Easter to all our Na Fianna community including members & families at home and abroad. During these extraordinary times we also think of and indeed thank all front line staff, many of whom are club members or related to club members, who continue to give their time selflessly in the care of others. Look after each other. Beannachtaí na Cásca.

Some Useful websites for reference and information;

- HSE Coronavirus page: <https://www2.hse.ie/coronavirus/>
- Department of Health <https://www.gov.ie/en/organisation/department-of-health/>
- Government website <https://www.gov.ie/en/campaigns/c36c85-covid-19-coronavirus/>
- Department of Foreign Affairs <https://www.dfa.ie/travel/travel-advice/coronavirus/>
- World Health Organisation <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- See what your 2km radius from home looks like <https://2kmfromhome.com/>
- Jigsaw, Young People's Health in Mind <https://www.jigsaw.ie/>



# Na Fianna Nuacht



**COMMUNITY ASSISTANCE  
COVID-19 PANDEMIC**

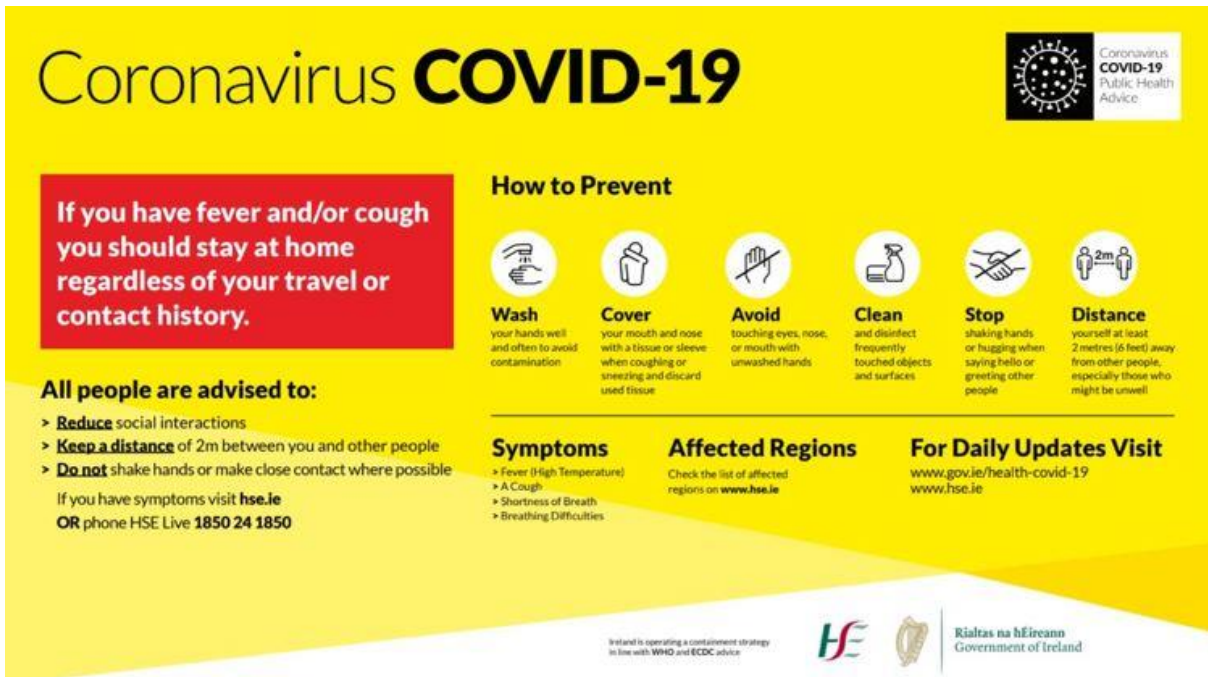
CLG Na Fianna are aware of the potential hardship of the recent situation regarding Covid-19 could bring to a number of people within our community.

Our members would like to volunteer their assistance to support any member of the community who may be reluctant to leave their house.

We are here to help you or a family member who may need assistance in acquiring necessities such as fuel, food, medical prescriptions, etc.

**If you or any family member need any support, then please feel free to contact us at;**

**community@clgnafianna.ie**  
**087 244 6053** #HeartOfTheCommunity



## Coronavirus COVID-19

Coronavirus COVID-19 Public Health Advice

**If you have fever and/or cough you should stay at home regardless of your travel or contact history.**

**How to Prevent**

- Wash** your hands well and often to avoid contamination
- Cover** your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue
- Avoid** touching eyes, nose, or mouth with unwashed hands
- Clean** and disinfect frequently touched objects and surfaces
- Stop** shaking hands or hugging when saying hello or greeting other people
- Distance** yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell

**All people are advised to:**

- > **Reduce** social interactions
- > **Keep a distance** of 2m between you and other people
- > **Do not** shake hands or make close contact where possible

If you have symptoms visit [hse.ie](http://hse.ie)  
OR phone HSE Live **1850 24 1850**

**Symptoms**

- > Fever (High Temperature)
- > A Cough
- > Shortness of Breath
- > Breathing Difficulties



**Affected Regions**

Check the list of affected regions on [www.hse.ie](http://www.hse.ie)

**For Daily Updates Visit**

[www.gov.ie/health-covid-19](http://www.gov.ie/health-covid-19)  
[www.hse.ie](http://www.hse.ie)

Ireland is operating a containment strategy in line with WHO and ECDC advice

  **Rialtas na hÉireann**  
Government of Ireland



# Na Fianna Nuacht

## Coaching Development Online

To help coaches through this difficult period, the GAA, An Cumann Camogaíochta and the LGFA have created a series of coach development sessions to take place over the coming weeks. The sessions will run every Tuesday and Thursday at 7.30pm, which began on Thursday, March 26th.

The sessions will be along two separate formats. Every Tuesday there will be a live Questions and Answers session with a coach. Any participants in the Q and A will have an opportunity to view the coach delivering a session from the GAA Games Development Conference over the last couple of years and submit their questions via the registration form for the coach to answer live.

Every Thursday there will be a live webinar presented by a coach or coach developer. The webinar will be a 30 minute presentation followed by a live Q and A with the presenter.

### Programme

The programme of events has been completed up until the end of April. Beginning next week we have:

- Tuesday, April 7th - Q and A - Owen Mooney,
- Thursday, April 9th - Webinar - Gerard O'Connor, Games Development Manager, Dublin GAA
- Tuesday, April 14th - Q and A - Stuart Lancaster, Senior Coach, Leinster Rugby
- Thursday, April 16th - Webinar - Dr. Damien Young, Performance Analyst Tipperary Senior Hurlers / Clíodhna O'Connor, Coach, Dublin Senior Hurlers and Orlaith Curran, Athletic Development Coach, IRFU\*
- Tuesday, April 21st - Q and A - Liam Moggan, Coach Educator
- Thursday, April 23rd - Webinar - Shane Keegan, former Manager Wexford Youths, Galway United
- Tuesday, April 28th - Q and A - Prof Wade Gilbert, Fresno State University, California. Coach, Canadian Olympic Softball Team



# Na Fianna Nuacht

- Thursday, April 30th - Webinar - Johnny Bradley, Programme Director MSc Sports Performance Analysis, Carlow IT

\* Note that the April 16th Webinar event will be two separate webinars. One involving Dr Damien Young, and the second involving Clodhna O'Connor and Orlaith Curran.

Please note that each new session involves a new registration period. Any coach that has registered previously must register for any individual session that they wish to attend. This is because each new session involves a new set of log on details that are sent out electronically on the day of each session. Registration opens at 9pm following the completion of each session. A valid email address is required for each registration.

Registration for the upcoming session involving Owen Mooney, as well as details of the session to be presented are available at <https://learning.gaa.ie/gaacoachwebinar2020> For more information see the GAA Learning site – <https://learning.gaa.ie/>

**Coronavirus COVID-19**

Know the signs

- High Temperature
- Shortness of Breath
- Breathing Difficulties
- Cough

For 8 out of 10 people, rest and over the counter medication can help you feel better.

If you have symptoms, self-isolate to protect others and phone your GP. Visit [hse.ie](https://hse.ie) for updated factual information and advice or call 1850 24 1850.

Protection from coronavirus. It's in our hands.

Wash, Cover, Avoid, Clean, Stop, Distance

HSE | Éireann Ní | Government of Ireland



# Na Fianna Nuacht

## Future Dublin Captain Announcement



Congrats to Na Fianna's Ladies Footballer Sarah Quinn and Adult Games Manager Aidan Downes on the recent arrival of Ruairi, who his Father confidently assures us, will be a future Dublin Captain.

## Pitches & Club Closed



All Members are reminded again that in line with GAA directives, ALL club grounds are CLOSED for ALL activities. If you see anybody on our pitches please politely make them aware.



# Na Fianna Nuacht

Coronavirus  
**COVID-19**

Who is most at risk?

- People over 60
- People with long term medical conditions like heart disease, lung disease, diabetes and cancer

Please take extra care if this affects you or someone you know.

If you have symptoms, self-isolate to protect others and phone your GP. Visit [hse.ie](https://hse.ie) for updated factual information and advice or call 1850 24 1850.

Protection from coronavirus. It's in our hands.



## Club Lotto Results

The Club Lotto continues to run in the background and the results of the last 4 draws can be seen on next page. Due to the lockdown, we regret that we are currently unable to facilitate cash customers but those members on direct debit will continue to be included in weekly draws. Members wishing to be included in our fundraising weekly draws can sign up for direct debit by following link [here](#) or via [Clubzap](#). Current Jackpot stands at a not too shabby €5,000. Nice to have to spend for when normality returns, sign up today!



# Na Fianna Nuacht

## Na Fianna

### Lotto Results

March 16th 2020

Numbers

9	13	22	29
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Jackpot €4000 - No Winner

Match 3 Numbers €€65 - Winner

Patrick Reid (ID 815)	Numbers	1	9	22	29
Rachel Staunton (ID 821)	Numbers	9	13	22	25

Lucky Pick Winner - €€20

Declan O'Sullivan  
 Frank Gray  
 Ann-Marie Lenihan c/o Vinny  
 Joanne Brady c/o Vinny  
 Luke O'Riordan c/o Vinny

## Na Fianna

### Lotto Results

March 23rd 2020

Numbers

12	13	16	17
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Jackpot €4250 - No Winner

Match 3 Numbers €€130 - No Winner

Lucky Pick Winner - €€20

Aine O Laoire  
 B. Mac Giolla Ruaidh  
 Austin O'Carroll  
 Michael Goodman  
 Patrick Quinn

## Na Fianna

### Lotto Results

March 30th 2020

Numbers

6	16	17	28
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Jackpot €4500 - No Winner

Match 3 Numbers €€130 - No Winner

Lucky Pick Winner - €€20

Paddy O'Reilly  
 Noel Coughlan  
 Denise Fox  
 Patrick McGowan  
 Róisín O'Donoghue

## Na Fianna

### Lotto Results

April 6th 2020

Numbers

2	4	9	11
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Jackpot €4750 - No Winner

Match 3 Numbers €€20 - Winner

Colum F Meleady (ID 6)	Numbers	2	7	9	11
Ciaran Redmond (ID 85)	Numbers	2	4	9	13
Deirdre Kernan (ID 107)	Numbers	4	9	11	18
Carmel Gray (ID 189)	Numbers	4	9	11	12
Aine and Paic Clerkin (ID 196)	Numbers	4	8	9	11
Michael Flanagan (ID 242)	Numbers	4	9	11	25
Martin McCormack (ID 804)	Numbers	4	9	11	12
Michael Quinn (ID 400)	Numbers	2	9	11	17
Gearoid O'Donnchadha (ID 447)	Numbers	2	8	9	11
Susan Clyne (ID 449)	Numbers	2	4	8	9
Eamon Fitzpatrick (ID 650)	Numbers	2	4	8	9
Declan Lohan	Numbers	2	4	9	14

Lucky Pick Winner - €€20

Patrick Sullivan  
 Pat Cooney  
 Claire Ring  
 Fionnuala Lynch  
 Muiread Gaffney

Next Jackpot €5000




# Na Fianna Nuacht

CLG NA FIANNA



## DÚSHLÁN DUIT!

Seo Dúshlán na Seachtaine!  
Má chaitheann tú 15 nóiméad ag cleachtadh in aghaidh an lae, tiocfaidh feabhas mór ar do chuid scileanna...

 In aon nóiméad amháin, an féidir leatsa:

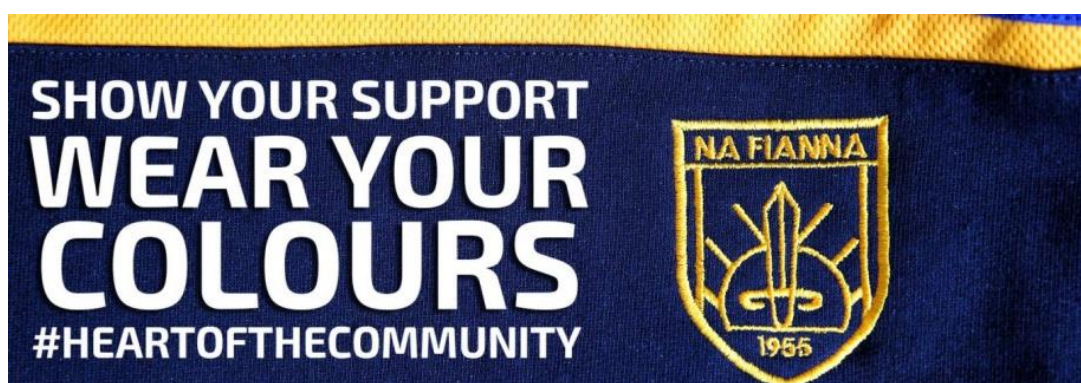
- ... an sliotar a phiocadh suas 35 uair?
- ... an liathróid a phreabadh ó chos go lámh 45 uair?

Ná bac go rómhór leis na huimhreacha. Is féidir iad a athrú ar bhonn aois nó leibhéal scile. Déan cleachtadh is bain sult as. Sin an méid!



## Spectrum Health Offer For Members

Spectrum Health have been in touch to let us know how their DIGITAL (Physio/Psychologists/Dieticians) team can be of support to Na Fianna Members at this time. See link [here](#) for more details. Na Fianna members are offered €10 off Digital Physio/Dietetics.







# Na Fianna Nuacht

## Childvision Garden Centre Sale

Our friends in ChildVision Garden Centre, including former Na Fianna Senior Football Manager Philip McElwee are clearing their stock and everything must go!

Returning tomorrow, Tuesday 14<sup>th</sup> April, they will take orders online at [gardencentre@childvision.ie](mailto:gardencentre@childvision.ie) or you can speak to Philip on 0858439028. They will deliver free or charge to your door (minimum order of €35 applies) within 2km of ChildVision, Grace Park Road, Drumcondra, Dublin 9. All proceeds go to fundraising department to deliver essential services to blind and multidisabled children.

- 🌸 For instant colour we have bushy viola, pack viola and pack pansy, aubrieta, arabis.
- 🌸 We have a full range of climbers clematis, honeysuckle, climbing roses and peony roses.
- 🌸 Hydrangeas, agapanthus, aliums, lilies and grasses.
- 🌸 Raspberry fruit bushes with tomatoes and vegetables can be ordered.
- 🌸 We have a full range of shrubs.
- 🌸 Window boxes and containers made to order and summer refills available in late spring.
- 🌸 Half barrel ceramic and terracotta pots all in stock.
- 🌸 Summer bedding plants are all planted up.





# Na Fianna Nuacht

## Comhbhrón

Sincere sympathies of the Club are offered to the Taylor family on the passing on Saturday of Na Fianna Founder Member Bill Taylor. Bill was Father of Na Fianna's Ladies Football Minor mentor Gareth, Father in law of Eimer and Grandfather of Hannah (former Na Fianna player), Izzy (2003 Ladies Football) and Amber (2004 Ladies Football).

The Club's condolences are also offered to the Fagan family on the passing this week of Mrs Frances Fagan, Mother of former Na Fianna Senior Footballer Ciaran (Jasper).

Sympathies of the Club are also offered to the Loftus family on the passing of Mrs Connie Loftus, Mother of former Senior Hurler & recent Adult and Juvenile Hurling Mentor Neil, Father in law of Julie and Grandfather of Jack (former Na Fianna player), Neil (Senior 2 hurling), Cristian (U-15 Boys) and Ava (2007 Girls).

Condolences of the Club are also offered to the Lacey family on the passing of Luke Lacey, Father of Luke, Father in law of Margaret, Grandfather of Emily (Ladies Football), David (Senior Football) and Jack (Minor Hurling & Football).

Ar dheis Dé go raibh a n-anamnacha.

## .....and finally

Stay safe, stay at home, wash your hands, follow the public health guidelines, and look out for each other. Bí cúramach.

## Fógra Tabachtach

The objective of Na Fianna Nuacht is to communicate as much club activity as possible however it is important to note that all items for inclusion in either Club Notes or Na Fianna Nuacht are reported to [news@clgnafianna.ie](mailto:news@clgnafianna.ie) or texted to 087 9250697 by Sunday evening. With a growing membership of almost 3,000 and over 100 teams now competing it is difficult to ensure all club activity is reported upon – **Do not assume** that your team's activity is already known to Na Fianna Nuacht or that someone else has reported it. When errors or omissions occur it is the policy of Na Fianna Nuacht to correct these in subsequent issues when they are reported to [news@clgnafianna.ie](mailto:news@clgnafianna.ie)