



Na Fianna Nuacht

Covid-19 – Na Fianna Update



Hope everybody is keeping well, bearing up under the pressures of the Covid-19 emergency and looking out for each other. What an extraordinary week we have witnessed, starting with the GAA's announcement last Wednesday advising all clubs to fully shut down, see pages 3/4, and followed on Friday night by An Taoiseach's address announcing more stringent restrictions which have effectively banned most social interactions outside of the home.

CLG Na Fianna continues to advise members to stay safe and follow the guidelines as recommended by official sources. All members and mentors are asked to only use or refer to information from these official sources i.e. HSE, Department of Health etc.

Please note the following updates since last Nuacht

- in line with all official directives, the Club has been completely shut down. This includes the closure of all pitches and property for recreational purposes, including walking, casual games or gatherings.
- Na Fianna has connected with the national GAA/Supervalu/Centra Club Together community initiative and we await further instruction.
- National Féile competitions across all codes have been cancelled, Dublin Féile postponed.
- The Club has been in touch with local groups including the Iona Bridge Club, who meet in Na Fianna on Thursday nights, to offer community assistance.



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- See details in pic at bottom of this page if you need assistance out and about or if you know anybody who may be in need of assistance. We're here to help.
- Good Friday's Na Fianna 5k Fun Run has been postponed and will be rescheduled.

In the following pages please see latest website links, some practical guidelines and latest communications from some of our relevant sporting bodies.

Most importantly, stay safe and look after each other. We are going through unprecedented times and an appeal is being made to all members and the Na Fianna Community, in the interests of public safety, to follow all published guidelines. Ní neart go cur le chéile.

Some Useful websites for reference and information

- HSE Coronavirus page: <https://www2.hse.ie/coronavirus/>
- Department of Health <https://www.gov.ie/en/organisation/department-of-health/>
- Government website <https://www.gov.ie/en/campaigns/c36c85-covid-19-coronavirus/>
- Department of Foreign Affairs <https://www.dfa.ie/travel/travel-advice/coronavirus/>
- World Health Organisation <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- See what your 2km radius from home looks like <https://2kmfromhome.com/>
- Jigsaw, Young People's Health in Mind <https://www.jigsaw.ie/>

**COMMUNITY ASSISTANCE
COVID-19 PANDEMIC**

CLG Na Fianna are aware of the potential hardship of the recent situation regarding Covid-19 could bring to a number of people within our community.

Our members would like to volunteer their assistance to support any member of the community who may be reluctant to leave their house.

We are here to help you or a family member who may need assistance in acquiring necessities such as fuel, food, medical prescriptions, etc.

**If you or any family member need any support,
then please feel free to contact Niall**

community@clgnafianna.ie
085 7355540 #HeartOfTheCommunity



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LGFA Statement – 24th March

In light of the Covid-19 outbreak, the prime concern for the Ladies Gaelic Football Association at the present time is the health and wellbeing of our members.

Consequently, a number of decision have been made in respect of LGFA competitions, which have not been taken lightly.

The 2020 Lidl National Leagues have been cancelled for 2020, and will not be completed.

The Lidl Post Primary Schools Competitions have also been cancelled for 2020, along with the LGFA Interprovincial Competition, the All-Ireland U14 Championship, Féile na nÓg and Féile Skills.

The 2020 TG4 All-Ireland Championships will be reviewed on an ongoing basis, in line with Government regulations, while there is a possibility of provincial action in the U16 and Minor Championships, when LGFA activities resume.

A number of Development programmes are also postponed until LGFA activity resumes.

GAA Statement - 25th March

We previously advised that, until March 29th, games and training were suspended, club gyms were to close, and Player Injury Fund cover was suspended.

We subsequently instructed that club bars should also close for the period.

Club Operations

Please be advised that, in line with recent government announcements, these measures and closures are now extended to Sunday April 19 inclusive, at which stage arrangements will be reviewed.

In addition, **we are now instructing GAA Clubs to close their facilities completely.**

This is to include the use of all pitches and property for recreational purposes, including walking, casual games or gatherings.



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Where it is not possible to restrict access please erect signage to the effect that all GAA facilities are closed and all activity suspended.

In order to facilitate an orderly resumption of activities when circumstances permit, Clubs are encouraged to proceed as normal with their membership registration process where practical. Clubs of course should be mindful of the possible changed financial circumstances of members.

Similarly, club lottos may proceed if they are run on an online basis and do not involve wholesale engagement with the public.

Clubs are also advised to refrain from undertaking new capital projects while support funding for this type of work is suspended.

Community Support

As a national / international organisation, we have a part to play in emphasising the need to practice social distancing, as outlined by the authorities.

It is imperative that we exercise extreme caution keeping two metres between people when taking physical exercise while encouraging people to consider using off-peak times when they are less likely to meet others.

Attached is the latest messaging from the HSE covering guidelines around volunteering which we advise our clubs to consider as they involve themselves in community-based volunteer efforts.

Individual volunteers are asked to register with Volunteer Ireland (26 Counties) and Volunteer Now (Six Counties).

We would like to thank everyone who has helped the GAA adhere to government guidelines up to this point.

We would also like to assure you that we, and the wider GAA team across our counties and provinces, are working hard to ensure that we are in the best possible position to return to our games when that time comes.

In the meantime, please stay safe, look out for one another and continue to adhere to the instructions of the Government and the Health Authorities at this most challenging time.



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Dublin GAA Juvenile update – 27th March

Previously we advised you that, until March 29th, juvenile games and training were suspended and Player Injury Fund cover was also suspended.

Please be advised that, in line with recent government announcements, these measures and closures are now extended to Sunday April 19 inclusive, at which stage arrangements will be reviewed.

CCC2 had intended to commence the U15 Football Championships on the rescheduled date of April 19th (original date April 5th). The committee has now decided to defer the five U15 Football Championships until the Autumn.

Both Dublin juvenile committees (CCC1 & CCC2) will likely resume their programme of games about one week after Dublin GAA , Government & Health authorities advise us. We will resume with League fixtures for the age group U12 to U16 and issue go games for the U8 to U11 age grades. The format for all competitions for the remainder of the season will be very much based on when and how restrictions are lifted. Each committee will communicate any change as soon as it is feasible to do so.

In the meantime, please stay safe, look out for one another and continue to adhere to the instructions of the Government and the Health Authorities at this most challenging time.

Coronavirus COVID-19

Coronavirus COVID-19 Public Health Advice

If you have fever and/or cough you should stay at home regardless of your travel or contact history.

How to Prevent

- Wash** your hands well and often to avoid contamination
- Cover** your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue
- Avoid** touching eyes, nose, or mouth with unwashed hands
- Clean** and disinfect frequently touched objects and surfaces
- Stop** shaking hands or hugging when saying hello or greeting other people
- Distance** yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell

All people are advised to:

- > **Reduce** social interactions
- > **Keep a distance** of 2m between you and other people
- > **Do not** shake hands or make close contact where possible

If you have symptoms visit [hse.ie](https://www.hse.ie)
OR phone HSE Live **1850 24 1850**

Symptoms

- Fever (High Temperature)
- A Cough
- Shortness of Breath
- Breathing Difficulties

Affected Regions

Check the list of affected regions on www.hse.ie

For Daily Updates Visit

www.gov.ie/health-covid-19
www.hse.ie

Ireland is operating a containment strategy in line with WHO and ECDC advice

Rialtas na hÉireann
Government of Ireland



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Club Training Together... But Apart

In the last week or so, Na Fianna mentors and team leads have come up with novel ways to ensure connections among teams in our current physical distancing reality.

A number of teams have managed to run group training sessions by Zoom already. So far, participant and parent response has been very positive: 2006 Girls had a football session last week - "amazing how a 20 min session can improve their humours". and 2011 Boys had a session this Thursday - "Great to see his buddies" / " Maith sibh: leanaigí ar aghaidh" / "Great fun - huge thanks to all involved".



Na Fianna Nursery had a very successful session by Zoom on Saturday morning with over 200 children taking part from the safety of their homes. Well done to Mark McManus and Niall Cooper for organising. The lads are looking at increasing availability to more numbers next week, watch this space. Please do send images to us of your #remotetraining experience if you'd like us to share news on how it's working for young and old at home, email to news.clgnafianna@gmail.com





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Coaching Development Online

To help coaches through this difficult period, the GAA, An Cumann Camogaíochta and the LGFA have created a series of coach development sessions to take place over the coming weeks. The sessions which began last week, will run every Tuesday and Thursday at 7.30pm.

Every Tuesday there will be a live Questions and Answers session with a coach. Any participants in the Q and A will have an opportunity to view the coach delivering a session from the GAA Games Development Conference over the last couple of years and submit their questions via twitter for the coach to answer live.

Every Thursday there will be a live webinar presented by a coach or coach developer. The webinar will be a 30 minute presentation followed by a live Q and A with the presenter.

For more information see the GAA Learning site – <https://learning.gaa.ie/>





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Two In A Row For Tom Gray



Congratulations to Dublin U-20 Football Manager, Na Fianna's Tom Gray who picked up the EirGrid GAA U-20 Manager of the Province award for the second year in a row for his leadership qualities, following the Dubs recent solid performances including their provincial title defence against Laois.

CLG NA FIANNA

DÚSHLÁN DUIT!

Seo Dúshlán na Seachtaine!
Má chaitheann tú 15 nóiméad ag cleachtadh in aghaidh an lae, tiocfaidh feabhas mór ar do chuid scileanna...

 In aon nóiméad amháin, an féidir leatsa:

- ... an sliotar a phiocadh suas 35 uair?
- ... an liathróid a phreabadh ó chos go lámh 45 uair?

Ná bac go rómhór leis na huimhreacha. Is féidir iad a athrú ar bhonn aois nó leibhéal scíle. Déan cleachtadh is bain sult as. Sin an méid!





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Spectrum Health Offer For Members

Spectrum Health have been in touch to let us know how their DIGITAL (Physio/Psychologists/Dieticians) team can be of support to Na Fianna Members at this time. See link [here](#) for more details. Na Fianna members are offered €10 off Digital Physio/Dietetics.

Coronavirus
COVID-19

Who is most at risk?

- People over 60
- People with long term medical conditions like heart disease, lung disease, diabetes and cancer

Please take extra care if this affects you or someone you know.

If you have symptoms, self-isolate to protect others and phone your GP. Visit hse.ie for updated factual information and advice or call 1850 24 1850.

Wash
Cover
Avoid
Clean
Stop
Distance

Protection from coronavirus. It's in our hands.





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RTE TV's Virtual Classroom

Parents of younger school going children may have already heard of RTE's Home School Hub which starts on Monday 30th March at 11am on RTE2. What you may not have heard is that Na Fianna's own John (Sharpy) Sharpson will be one of the teachers fronting this innovative series. If you fancy a break from your own home schooling, put Monday's 11am Home School Hub in your schedule and enjoy Sharpy's virtual classroom.

.....and finally

Stay safe, stay at home, wash your hands, follow the public health guidelines, and look out for each other. Bí cúramach.

Fógra Tabachtach

The objective of Na Fianna Nuacht is to communicate as much club activity as possible however it is important to note that all items for inclusion in either Club Notes or Na Fianna Nuacht are reported to news@clgnafianna.ie or texted to 087 9250697 by Sunday evening. With a growing membership of almost 3,000 and over 100 teams now competing it is difficult to ensure all club activity is reported upon – **Do not assume** that your team's activity is already known to Na Fianna Nuacht or that someone else has reported it. When errors or omissions occur it is the policy of Na Fianna Nuacht to correct these in subsequent issues when they are reported to news@clgnafianna.ie